

# DUBAI HEIGHTS ACADEMY HOT/COLD LUNCH BOX MENU - WEEK 4



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>Snack</b> Original Beef & Cheese Sliders	<b>Snack</b> Flapjack with Milk	<b>Snack</b> Bread Sticks with Cheese Dip	<b>Snack</b> Mini Turkey Ham/Cheese Sandwich	<b>Snack</b> Mini Breakfast Quiche
<b>Cold Lunch</b>	<b>Cold Lunch</b>	<b>Cold Lunch</b>	<b>Cold Lunch</b>	<b>Cold Lunch</b>
<b>Non-Veg</b> Cucumber & Apple Sandwich	<b>Non-Veg</b> Chicken Russian Salad	<b>Non-Veg</b> Grated Beet, Carrot & Cheese Wrap	<b>Non-Veg</b> Lemon Chicken, Quinoa & Broccoli Salad	<b>Non-Veg</b> Chicken Tikka Wrap
<b>Vegetarian</b> Cucumber & Apple Sandwich	<b>Vegetarian</b> Russian Salad	<b>Vegetarian</b> Grated Beet, Carrot & Cheese Wrap	<b>Vegetarian</b> Quinoa & Broccoli Salad	<b>Vegetarian</b> Mozzarella & Tomato Wrap
<b>Hot Lunch</b>	<b>Hot Lunch</b>	<b>Hot Lunch</b>	<b>Hot Lunch</b>	<b>Hot Lunch</b>
<b>Main</b> Roast Turkey & Stuffing	<b>Main</b> Penne Bolognese	<b>Main</b> Stir Fried Fish & Vegetables	<b>Main</b> Chicken & Mushroom Pie	<b>Main</b> Chicken Burgers with Garnishes
<b>Vegetarian</b> Carrot & Sweet Bake	<b>Vegetarian</b> Penne with Tomato Sauce	<b>Vegetarian</b> Stir Fried Vegetables	<b>Vegetarian</b> Braised Vegetable Pie	<b>Vegetarian</b> Pizza Margherita
<b>Side dishes</b> Mashed Potatoes, Sprouts, Carrots & Gravy	<b>Side dishes</b> Garlic Bread	<b>Side dishes</b> Arabic Bread	<b>Side dishes</b> Mash Potatoes, Peas, Corn & Gravy	<b>Side dishes</b> Baked Potato Fries
<b>Dessert</b> Lemon Sponge Muffin	<b>Dessert</b> Strawberry Roll	<b>Dessert</b> Fresh Fruit Salad	<b>Dessert</b> Sticky Sultana Pudding	<b>Dessert</b> Fruit Burst Muffin

