

DUBAI HEIGHTS ACADEMY HOT/COLD LUNCH BOX MENU - WEEK 2



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Snack Hummus with Veggie Sticks	Snack Crispy Rice Bar	Snack Bread Sticks with Cheese Dip	Snack Mini Turkey Club Sandwich	Snack Strawberry Rice Crispies
Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch
Non-Veg Club Sandwich	Non-Veg Poached Chicken Salad	Non-Veg Roast Chicken & Coleslaw Sandwich	Non-Veg Roast Beet Salad with Turkey	Non-Veg Chicken Shawarma Wrap
Vegetarian Veggie Club Sandwich	Vegetarian Tomato & Mozzarella Penne Pasta Salad	Vegetarian Cream Cheese and Cucumber Sandwich	Vegetarian Roast Beet Salad with Orange Dressing	Vegetarian Falafel Wrap
Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch
Main Roast Chicken & Stuffing	Main Beef Lasagne	Main Macaroni Cheese	Main Savoury Fish Turnovers	Main Chicken Burgers with Garnishes
Vegetarian Courgette & Potato Cake	Vegetarian Vegetable Lasagne	Vegetarian Stir Fried Vegetables with Boiled Rice	Vegetarian Vegetarian Turnover	Vegetarian Pizza Margherita
Side dishes Mashed Potatoes, Broccoli, Peas & Gravy	Side dishes Garlic Bread	Side dishes Arabic Bread	Side dishes Sweet Corn & Carrots	Side dishes Baked Wedges
Dessert Lemon Pudding with Lemon Sauce	Dessert Carrot Muffin	Dessert Fresh Fruit Salad	Dessert Jaffa Cake Pudding	Dessert Lemon Drizzle Square

